

**CrannMor Sample Menu**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>				Residents Choice			
<b>Mid Morning</b>			Tea / Coffee / Juices served with Cakes and Biscuits				
<b>Lunch</b>	Pork and Herb Sausages With Potatoes, Carrots Cauliflour	Shepherds Pie Cabbage	Roast Chicken Green Beans	Roast Pork Broccoli	Fish and Chips / Fishermans Pie Cauliflour	Beef and Ale Stew Green Beans	Chicken Casserole Broccoli
<b>Dessert</b>	Apple Crumble	Pineapple Cake	Mixed Fruit and Tinned Milk	Bananas and custard	Apple Pie	Rice Pudding	Strawberry Cheesecake
<b>Mid Afternoon</b>			Tea / Coffee / Juices served with Cakes and Biscuits				
<b>Supper</b>	cheese-on-toast Served with a selection of Sandwiches, Cakes, Baked Beans, Spagetti, Soups	Scrambled Eggs	Spagetti Bolognaise	Fish Cakes	Chicken Goujons	Fried Eggs	Bacon and Cheese Quiche

\* Drinks and Snacks are available throughout the day and night.

\* menu may be subject to change

